

February 2026



February*

www.UnityLansing.org Calendar, Events and General Information

Living the Light, Loving Outloud and Walking for Peace - LENT

Feb. 15th Walking Our Talk
February 18th Lent begins
Feb. 22nd Walking on Water
Feb. 29th Walking on Earth
Mar 1st Walking on Air (Chickens to an Eagle)
March 8th Walking on Fire

"Living the Light, Loving Outloud"

"Live fully, love wastefully."
– Bishop John Shelby Spong

LENT – Walking for Peace

Spiritual Determination

10:30 am Sunday, February 8th



Fred Stella will be our special guest speaker on Feb. 8th.

Chili Potluck

Sunday
February 1st
Following Sunday Service

Sign up to bring your special recipe
Or chili side dish!

LABEL CHILI: Beef, Turkey, Veggie, etc. MILD. MEDIUM. HOT.
Please have your chili hot in a crockpot. Desserts and salads ready to serve.

Beat the Winter Chills

Chili Potluck Sunday Feb. 1st

Sign up to bring your favorite chili or a side-dish

Everyone is invited to the Potluck

PROSPERITY PLUS II - A 10-week course

Are you ready to ramp up your prosperity experience and live a more abundant life? Consider committing to **Prosperity Plus II**.

Classes will begin **Monday, January 26th – March 30th**
6:30 – 8:30 pm.

Classes will be **in person only**.

After the second class on February 2nd,
this course will be closed to new students.



Release blocks!
Live with more ease and flow!
Create a vision for your life dreams!

Class Meetings 6:30 – 8:30 pm
Mondays – 10 weeks
Jan. 26 – Mar 30
Upper Lodge



Rev. Mary Morrisey videos with discussions
Facilitated by Dan Maynard and Deb Otis

Class is closed to new students after February 2nd.



HEART ALIGNMENT PRESENTS

Getting in tune with your pelvic floor
and in flow with your sacral chakra

*It's time to be living in the freedom of a heart centered life.
Will you say YES?*



Presented by
TERRI BEDFORD, DPT
Vibrational UpGrade Energy Medicine
Master Practitioner Usui Reiki Master
Doctor of Physical Therapy

UNITY SPIRITUAL CENTER
SAT. JAN. 31 | 11:00AM | \$25.00 - 90 MINS

Join Terri Bedford for this workshop which will support your overall well-being with energy work. You will receive education on the pelvic floor, tips and tricks, and exercises to keep it healthy and in shape as well as a Vibrational Upgrade to your system to clear out blocks or limiting beliefs in your energy system.

Terri Bedford is a Vibrational UpGrade Energy System Master Practitioner, a Usui Reiki Master and a Doctor of Physical Therapy, specializing in pelvic floor.

2395 Washington Road, Lansing MI 48911 517 371-3010 UnityLansingOffice@gmail.com

Rev. Sharon Ketchum Cell 517 243-2568 revsharonketchum@gmail.com

Discovery Sunday

1st Sunday of the month

Upper Lodge

9 am – 10:15 am February 1st

Unity Principles with Pam Nelson
plus discussion on future topics

New!!! DISCOVERY SUNDAYS

**** 9:00 AM – 10:15 AM 1st Sunday of the Month**

**** Note new starting time.**

The Education Team is offering Discovery Sunday, a class for adult learning on various topics of spirituality.

The first class is focused on the 1st Unity Principle, "God is", facilitated by Pamela Nelson.

**NOTE: Education Team meeting 2nd Sunday/month
Meeting is open to everyone to help plan curriculum.**

"Empowerment"
(Bookstudy and Potluck)

2nd Friday of each month
Activity Room - Lower Lodge
10:30 am – 1:00 pm

"There Is No Other"
"The Way to Harmony and Wholeness"
By Ram Dass
Amazon \$26.44

Foreword by ANNE LAMOTT
THERE IS NO OTHER
The Way to Harmony and Wholeness
RAM DASS
Edited by PARYATTI MARKUS
Illustrations and notes by SHARON MALKIN, JOSEPH GOLDSTEIN, and JACK KORNFIELD

In Person Studies

Empowerment
2nd Friday

10:30 am - 1 pm
Activity Room

Unity 101
Sunday, Feb. 15th
11:45 am – 1:45 pm
Upper Lodge

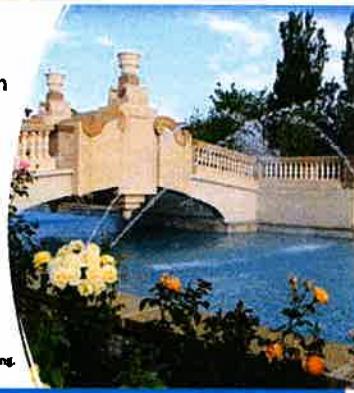
Unity 101
Sunday Feb. 15th

11:45 am – 1:45 pm

Overview of the
Unity movement & Unity
Spiritual Center of Lansing
With Rev. Sharon

Bring a bag lunch

This course is a requirement to become a new
voting member of Unity Spiritual Center of Lansing.

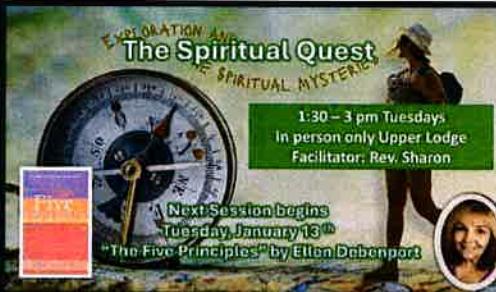


IN-PERSON COURSES – Monthly or Weekly Gatherings



**A Course
in
Miracles
In Person**

How Is Peace Possible in this
World?
Sunday, February 1st
12:00 pm LODGE



1st Sunday of the month Noon

A Course in Miracles
with Dan and Carol Maynard

Weekly, Tuesdays 1:30 – 3 pm

The Five Principles
with Rev. Sharon Ketchum

10 am Unity Lodge Lower Level
Saturday, Feb. 7th

Prayer Study, Discussion and Practice
Using the Heart Energy Prayer Technique



Unity Prayer Monthly Gathering
Prayer Practitioners & those
interested in practicing prayer

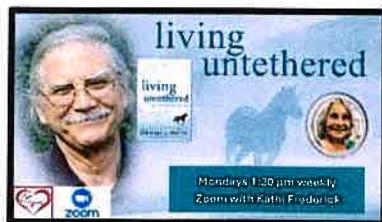
LuAnne
Champion

1st Saturday of the month 10:00 am

Prayer study and practice
with LuAnne Champion and Rev. Grace

ZOOM CLASSES

Unity Zoom Room Meeting ID 177 417 886 Pass Code 601744 **DROP-INS ARE WELCOME**



**A COURSE IN
MIRACLES GROUP**

with Lisa Schmidt
TUESDAYS 7 – 8 pm
ZOOM



**A Course
of Love**

Wednesdays
7:00 pm Zoom
Facilitator Bill Diedrich



**MONTHLY
MASTERMIND
PRAYER CIRCLE**

8:00 AM ZOOM
Rev. Barbara of the moon
Supporting each other
in exploring
spiritual decisions.
Zoom Meeting ID: 177 417 886 Pass code: 601744
Saturday 8:00 am
February 21st, February 27th, March 6th

Mondays 1:30 pm
Study "Living Untethered"
with Kathi Frederick

Tuesdays 7 pm
Study "A Course in Miracles"
with Lisa Schmidt

Wednesdays 7 pm
Study "A Course of Love"
with Bill Diedrich

Last Saturday 8:00 am
Mastermind Group
with Lisa Schmidt



1:00 pm February 6th
Tony M's
3420 South Creyts Road



LUNCH BUNCH meets February 6th

Tony M's 1:00 pm

RSVP to Unity Office 517.371.3010

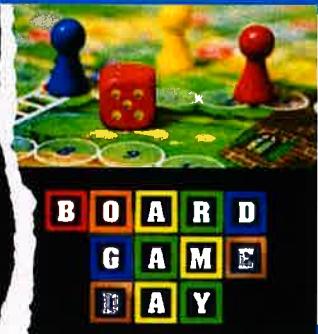
Or email Nancy Claytor njclaytor@yahoo.com

This helps us know how many seats to reserve.

3rd Sunday of the Month
following service

Noon February 15th

- Facilitators
- Chris McEnhill
- Austin Cox



Sunday services include time to socialize with one another—especially over a cup of coffee! ☕ To make this possible, we rely on volunteers (people like you!) to brew the coffee, set out snacks, and help with cleanup afterward. If we don't step up, who will make the coffee?

If you're willing to serve on a Sunday, please sign up on the clipboard on the snack table. If you have any questions, see **Nannette Podany** or **Chris McEnhill**.

We truly appreciate everyone who brings supplies and snacks for us all to enjoy!

MONTHLY BOARD GAMES DAY

Noon on February 15th

Bring one of your board games or join someone else with their game. Have some fun.

Meet some new people. Bring a friend.

Facilitators: Chris McEnhill and Austin Cox

Sunday Hospitality Team
Sign up to be in Service



Board of Trustees for Unity Spiritual Center of Lansing



Chrissie Shearer
President

Jeff Benoit
Vice President

Jill Dening
Secretary

Jane Cloos
Treasurer

Tom Cody

Janet Cortright

Donnette Pinkerton

Members at Large

This is your
community.

Your Board is here
to serve you.

Talk with them to
share ideas or
concerns

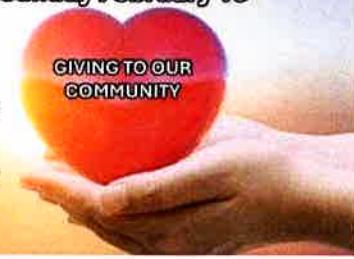
Congregants' CHOICE

Vote for your top 3 on Sunday February 15th

Nominate a local charitable organization that speaks to your heart.

GIVING TO OUR COMMUNITY

They will receive a portion of our tithes in 2026



Vote for your Congregants' Choice Feb. 15.

Voting-members must renew annually by start of Annual Meeting March 8th

Members must renew their membership annually prior to the start of the Annual Meeting March 8th



it's time to
**RENEW YOUR
MEMBERSHIP**

<https://www.unitylansing.org/membership-renewal-portal>
Or use a paper form and place in acrylic "mail box"

The Circle of Generosity – A Sacred Exchange

This is not a debt we owe, but a seed we sow from a consciousness of abundance.

Unity is autonomous and fully self-funded by its congregants.

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving. This is a personal, sacred activity in which each person participates in their own way.

You are encouraged to enter into a prayerful mindset of gratitude and abundance as a spiritual practice whenever you are making a love offering.

If you are donating by credit card, use the QR Code to the right to link to PayPal.



02 FEBRUARY 2026

Red Indicates
Rental Event

SUN	MON	TUES	WED	THURS	FRI	SAT
9 AM Discovery Sunday 10:30 AM Sunday Service and Youth Care Noon ACIM - Upper Lodge NOON: CHILI POTLUCK	1 1:30 PM Zoom Untethered Soul Book Study 6:30 PM Class Prosperity Plus	2 1:30 PM Spiritual Quest - Upper Lodge 7 PM Zoom A Course in Miracles	3 7 PM Zoom A Course Of Love	4 8 AM Lansing Area Business Partners	5 1 PM Lunch Bunch EVENING 6:30 Euchre-So. Hall 6:30 Private - Kappa Alpha Psi - Lodge	6 10:00 AM Prayer Class Upper Lodge
10:30 AM Sunday Service with Fred Stella and Youth Care Noon Education Team Meeting- Upper Lodge	8 1:30 PM Zoom Untethered Soul Book Study 6:30 PM Class Prosperity Plus	9 1:30 PM Spiritual Quest - Upper Lodge 7 PM Zoom A Course in Miracles	10 7 PM Zoom A Course Of Love	11 8 AM Lansing Area Business Partners	12 10:30 AM - 2 PM Empowerment Activity Room	13 14 VALENTINE'S DAY 
10:30 AM Sunday Service and Youth Care Noon Board Games Day Activity Room Noon Unity 101 - Upper Lodge	15 1:30 PM Zoom Untethered Soul Book Study 6:30 PM Class Prosperity Plus	16 1:30 PM Spiritual Quest - Upper Lodge 7 PM Zoom A Course in Miracles	17 7 PM Zoom A Course Of Love	18 8 AM Lansing Area Business Partners	19	20 21
10:30 AM Sunday Service and Youth Care Noon Board Meeting 2 PM Parents' Group	22 1:30 PM Zoom Untethered Soul Book Study 6:30 PM Class Prosperity Plus	23 1:30 PM Spiritual Quest - Upper Lodge 7 PM Zoom A Course in Miracles	24 6:30 PM Super Suppers	25 8 AM Lansing Area Business Partners VISITORS' DAY	26	27 28 8 AM ZOOM Mastermind Group