

February 2026

www.UnityLansing.org Calendar, Events and General Information

Living the Light, Loving Outloud and Walking for Peace - LENT

Feb. 15 th	Walking Our Talk
Feb. 22 nd	Walking on Water
Feb. 29 th	Walking on Earth
Mar 1 st	Walking on Air (Chicken to an Angel)
March 8 th	Walking on Fire

"Living the Light, Loving Outloud"

"Live fully, love wastefully."
- Bishop John Shelby Spong

LENT - Walking for Peace

Spiritual Determination
10:30 am Sunday, February 8th

Fred Stella will be our special guest speaker on Feb. 8th.

Fred Stella
Speaker

Chili Potluck
Sunday
February 1st
Following Sunday Service

Sign up to bring your special recipe Or chili side dish!

LABEL CHILI: Beef, Turkey, Veggie, etc. MILD. MEDIUM. HOT.
Please have your chili hot in a crockpot. Desserts and salads ready to serve.

Beat the Winter Chills

Chili Potluck Sunday Feb. 1st

Sign up to bring your favorite chili or a side-dish

Everyone is invited to the Potluck

PROSPERITY PLUS II - A 10-week course

Are you ready to ramp up your prosperity experience and live a more abundant life? Consider committing to **Prosperity Plus II**.

Classes will begin **Monday, January 26th - March 30th**
6:30 - 8:30 pm.

Classes will be in person only.

After the second class on February 2nd,
this course will be closed to new students.



Release blocks!
Live with more ease and flow!
Create a vision for your life dreams!

Class Meetings 6:30 - 8:30 pm
Mondays - 10 weeks
Jan. 26 - Mar 30
Upper Lodge

Rev. Mary Morrissey videos with discussions
Facilitated by Dan Maynard and Deb Otis

Class is closed to new students after February 2nd.



**HEART ALIGNMENT
PRESENTS**

Getting in tune with your pelvic floor
and in flow with your sacral chakra

It's time to be living in the freedom of a heart centered life.
Will you say YES?

UNITY SPIRITUAL CENTER
SAT, JAN. 31 | 11:00AM | \$25.00 - 90 MINS

Join Terri Bedford for this workshop which will support your overall well-being with energy work. You will receive education on the pelvic floor, tips and tricks, and exercises to keep it healthy and in shape as well as a Vibrational Upgrade to your system to clear out blocks or limiting beliefs in your energy system.

Terri Bedford is a Vibrational UPgrade Energy System Master Practitioner, a Usui Reiki Master and a Doctor of Physical Therapy, specializing in pelvic floor.

2395 Washington Road, Lansing MI 48911 517 371-3010 UnityLansingOffice@gmail.com

Rev. Sharon Ketchum Cell 517 243-2568 revsharonketchum@gmail.com

Discovery Sunday
1st Sunday of the month
Upper Lodge
9 am – 10:15 am February 1st
Unity Principles with Pam Nelson,
plus discussion on future topics

New!!! DISCOVERY SUNDAYS

**** 9:00 AM – 10:15 AM 1st Sunday of the Month**

**** Note new starting time.**

The Education Team is offering Discovery Sunday, a class for adult learning on various topics of spirituality.

The first class is focused on the 1st Unity Principle, "God is", facilitated by Pamela Nelson.

NOTE: Education Team meeting 2nd Sunday/month Meeting is open to everyone to help plan curriculum.

"Empowerment"
(Bookstudy and Potluck)
2nd Friday of each month
Activity Room - Lower Lodge
10:30 am – 1:00 pm
"There is No Other - the Way to Harmony and Wholeness"
By Ram Dass
Amazon \$26.44

In Person Studies

Empowerment
2nd Friday

10:30 am - 1 pm
Activity Room

Unity 101
Sunday, Feb. 15th
11:45 am – 1:45 pm
Upper Lodge

Unity 101
Sunday Feb. 15th

11:45 am – 1:45 pm

Overview of the
Unity movement & Unity
Spiritual Center of Lansing
With Rev. Sharon

Bring a bag lunch

This course is a requirement to become a new voting member of Unity Spiritual Center of Lansing.



IN-PERSON COURSES – Monthly or Weekly Gatherings

A Course in Miracles In Person
How Is Peace Possible in this World?
Facilitators: Carol and Dan Maynard
Sunday, February 1st
12:00 pm LODGE

1st Sunday of the month Noon
A Course in Miracles
with Dan and Carol Maynard

The Spiritual Quest
Exploration and the Spiritual Mystery
1:30 – 3 pm Tuesdays
In person only Upper Lodge
Facilitator: Rev. Sharon
Next Session begins Tuesday, January 13th
"The Five Principles" by Ellen Debenport

Weekly, Tuesdays 1:30 – 3 pm
The Five Principles
with Rev. Sharon Ketchum

10 am Unity Lodge Lower Level
Saturday, Feb. 7th
Prayer Study, Discussion and Practice
Using the Heart Energy Prayer Technique
Unity Prayer Monthly Gathering
Prayer Practitioners & those
Interested in practicing prayer
Rev. Grace Nicodemus On Hiatus
LuAnne Champion

1st Saturday of the month 10:00 am
Prayer study and practice
with LuAnne Champion and Rev. Grace

ZOOM CLASSES Unity Zoom Room Meeting ID 177 417 886 Pass Code 601744 DROP-INS ARE WELCOME

living untethered
living untethered
Mondays 1:30 pm weekly
Zoom with Kathi Frederick

Mondays 1:30 pm
Study "Living Untethered"
with Kathi Frederick

A COURSE IN MIRACLES GROUP
with Lisa Schmidt
TUESDAYS 7 – 8 pm
ZOOM

Tuesdays 7 pm
Study "A Course in Miracles"
with Lisa Schmidt

A Course of Love
Wednesdays
7:00 pm Zoom
Facilitator Bill Diedrich

Wednesdays 7 pm
Study "A Course of Love"
with Bill Diedrich

MONTHLY MASTERMIND PRAYER CIRCLE
8:00 AM ZOOM
Last Saturday of the month
Supporting each other in achieving
continuous desires.
Zoom Meeting ID: 177 417 886 Passcode: 601744
Saturday 8:00 am
January 31st February 27th March 27th

Last Saturday 8:00 am
Mastermind Group
with Lisa Schmidt

Unity Office Hours: Closed Wednesdays & Saturdays
Open 10 am – 3 pm Mon, Tues, Thurs, Fri
Other times by appointment

February




1:00 pm February 6th
Tony M's
3420 South Croyts Road



Contact Nancy
Claytor to reserve seat
njclaytor@yahoo.com

LUNCH BUNCH meets February 6th
Tony M's 1:00 pm

RSVP to Unity Office 517.371.3010
Or email Nancy Claytor njclaytor@yahoo.com
This helps us know how many seats to reserve.

**Unity
Breaks Bread
Together
Monthly**
At a local restaurant.

*"No Host Meals"
(each person pays
their own tab)*

Last Wednesday of month
6:00 pm

SUPER SUPPERS
No Host Meals Together

Wednesday, Jan. 28th

Leo's Lodge
2525 E Jolly Rd, Lansing

RSVP to Lisa Haston
517 483-3017





SUPER SUPPERS WILL MEET AGAIN
JANUARY 28th Leo's Lodge 2525 E Jolly Rd.
RSVP to Unity Office 517.371.3010
Or text Lisa Haston 517.483.3017
This helps us know how many seats to reserve.

3rd Sunday of the Month
following service

Noon February 15th

- Facilitators
- Chris McEnhill
- Austin Cox

MONTHLY BOARD GAMES DAY
Noon on February 15th

*Bring one of your board games or join someone else with
their game. Have some fun.
Meet some new people. Bring a friend.
Facilitators: Chris McEnhill and Austin Cox*

Sunday services include time to socialize with one another—especially over a cup of coffee! ☕ To make this possible, we rely on volunteers (people like you!) to brew the coffee, set out snacks, and help with cleanup afterward. If we don't step up, who will make the coffee?

If you're willing to serve on a Sunday, please sign up on the clipboard on the snack table. If you have any questions, see **Nannette Podany** or **Chris McEnhill**.

We truly appreciate everyone who brings supplies and snacks for us all to enjoy!



Sunday Hospitality Team
Sign up to be in Service

Sign-up List at Snack Table

Board of Trustees for Unity Spiritual Center of Lansing



Chrissie Shearer **Jeff Benoit** **Jill Denning** **Jane Cloos** **Tom Cody** **Janet Cortright** **Donnette Pinkerton**
President **Vice President** **Secretary** **Treasurer** ----- **Members at Large** -----

**This is your
community.**

**Your Board is here
to serve you.**

**Talk with them to
share ideas or
concerns**

Congregants' CHOICE

Vote for your top 3 on Sunday February 15th

Nominate a local charitable organization that speaks to your heart.

They will receive a portion of our tithes in 2026



Vote for your Congregants' Choice Feb. 15.

Voting-members must renew annually by start of Annual Meeting March 8th

Members must renew their membership annually prior to the start of the Annual Meeting March 8th



it's time to **RENEW YOUR MEMBERSHIP**

<https://www.unitylansing.org/membership-renewal-portal>
Or use a paper form and place in acrylic "mail box"

The Circle of Generosity – A Sacred Exchange

This is not a debt we owe, but a seed we sow from a consciousness of abundance.

Unity is autonomous and fully self-funded by its congregants.

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving. This is a personal, sacred activity in which each person participates in their own way.


You are encouraged to enter into a prayerful mindset of gratitude and abundance as a spiritual practice whenever you are making a love offering.

If you are donating by credit card, use the QR Code to the right to link to PayPal.



02 FEBRUARY 2026

Red Indicates Rental Event

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>9 AM Discovery Sunday 10:30 AM Sunday Service and Youth Care</p> <p>Noon ACIM - Upper Lodge</p> <p>NOON: CHILI POTLUCK</p>	<p>1:30 PM Zoom Untethered Soul Book Study</p> <p>6:30 PM Class Prosperity Plus</p>	<p>1:30 PM Spiritual Quest - Upper Lodge</p> <p>7 PM Zoom A Course in Miracles</p>	<p>7 PM Zoom A Course Of Love</p>	<p>8 AM Lansing Area Business Partners</p>	<p>1 PM Lunch Bunch</p> <p>EVENING 6:30 Euchre-So. Hall 6:30 Private - Kappa Alpha Psi - Lodge</p>	<p>10:00 AM Prayer Class Upper Lodge</p>
<p>10:30 AM Sunday Service with Fred Stella and Youth Care</p> <p>Noon Education Team Meeting- Upper Lodge</p>	<p>1:30 PM Zoom Untethered Soul Book Study</p> <p>6:30 PM Class Prosperity Plus</p>	<p>1:30 PM Spiritual Quest - Upper Lodge</p> <p>7 PM Zoom A Course in Miracles</p>	<p>7 PM Zoom A Course Of Love</p>	<p>8 AM Lansing Area Business Partners</p>	<p>10:30 AM - 2 PM Empowerment Activity Room</p>	<p>VALENTINE'S DAY</p> 
<p>10:30 AM Sunday Service and Youth Care</p> <p>Noon Board Games Day Activity Room</p> <p>Noon Unity 101 - Upper Lodge</p>	<p>1:30 PM Zoom Untethered Soul Book Study</p> <p>6:30 PM Class Prosperity Plus</p>	<p>1:30 PM Spiritual Quest - Upper Lodge</p> <p>7 PM Zoom A Course in Miracles</p>	<p>7 PM Zoom A Course Of Love</p>	<p>8 AM Lansing Area Business Partners</p>		
<p>10:30 AM Sunday Service and Youth Care</p> <p>Noon Board Meeting</p> <p>2 PM Parents' Group</p>	<p>1:30 PM Zoom Untethered Soul Book Study</p> <p>6:30 PM Class Prosperity Plus</p>	<p>1:30 PM Spiritual Quest - Upper Lodge</p> <p>7 PM Zoom A Course in Miracles</p>	<p>6:30 PM Super Suppers</p> <p>7 PM Zoom A Course Of Love</p>	<p>8 AM Lansing Area Business Partners VISITORS' DAY</p>		<p>8 AM ZOOM Mastermind Group</p>