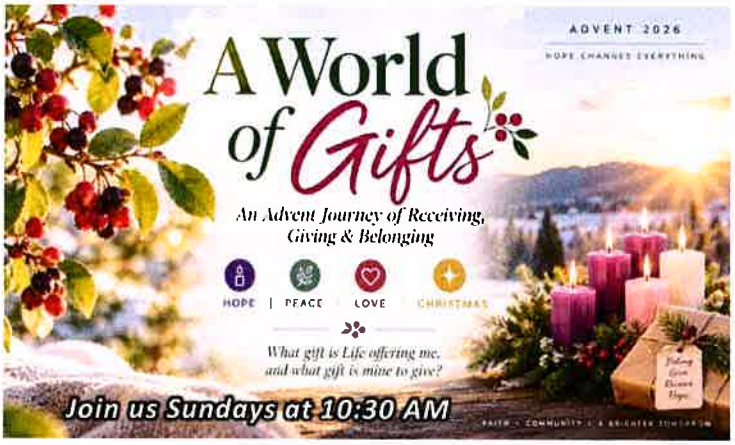
December 2026

Issue 42

Unity PULSE
Spiritual Center of Lansing

December

www.UnityLansing.org *Calendar, Events and General Information*



*Advent 2026: **A World of Gifts***

The wonder of receiving. The joy of giving. The blessing of belonging.

What if this Christmas season were less about what we want & more about recognizing what we have already been given? Inspired by the Christmas story and the wisdom of Robin Wall Kimmerer, our Advent series explores the sacred exchange of giving & receiving that connects us to one another, the natural world and the Divine.

What gift is Life offering me, & what gift is mine to give?

As we conclude our year of Living the Light, Loving Outloud, may we discover that we are not simply living in a world of gifts. We are part of the gift!



6:30 PM Tues., Dec. 1 The Gift of Remembering
Join us for this intimate service to remember those we love but are no longer with us. Hang an angel on the tree in their remembrance through the holiday season. Bring your own ornament or use ones provided.



6:30 PM Thurs., Dec. 24 The Light We Give (Candle Lighting)
The spiritual message is simple but profound; Christmas reminds us that the light of the Divine is born anew within each of us. And when we share that light, we do not diminish our own. We brighten the world. Carols, Candles, & Christmas Spirit!



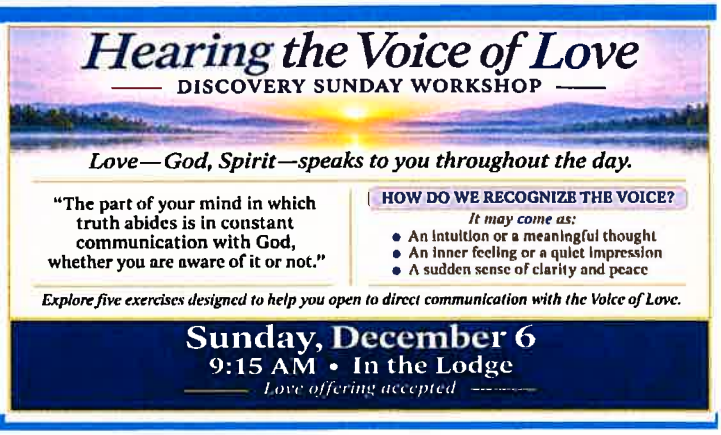
Spend Christmas afternoon with friends at Unity! Games! Potluck Snacks! Community!



Prepare for 2027 with the ritual of release and renewal on Sunday, December 27th.

2395 Washington Road, Lansing MI 48911 517 371-3010 UnityLansingOffice@gmail.com
Rev. Sharon Ketchum Cell 517 243-2568 revsharonketchum@gmail.com





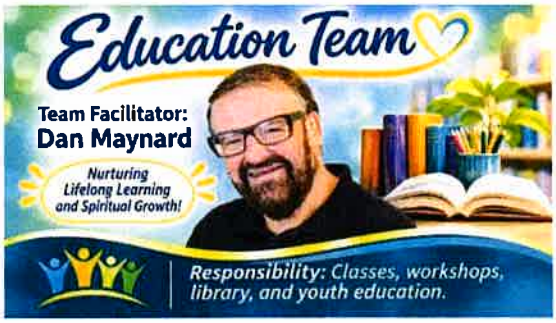
Education Team Meeting
Sunday, December 13 • Noon • Upper Lodge
Facilitator: Dan Maynard

Help us imagine what's possible for 2027!

Join the Education Team for this one-hour meeting as we explore ideas & plan upcoming classes, workshops, & movie presentations.

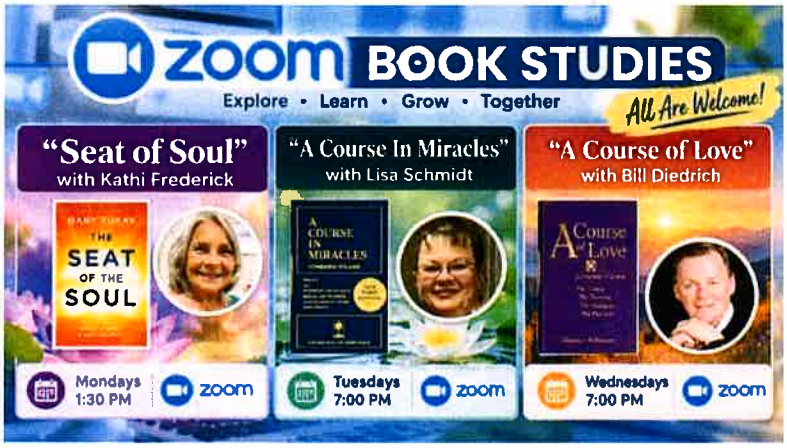
Your ideas, interests, and participation help shape the educational opportunities that nurture spiritual growth, inspire discovery, and strengthen our Unity community.

Come share your ideas and help create a year of learning and inspiration!



IN-PERSON & ZOOM COURSES:

These courses are offered at no charge, but love offerings are appreciated to honor our instructors & the Unity facilities.



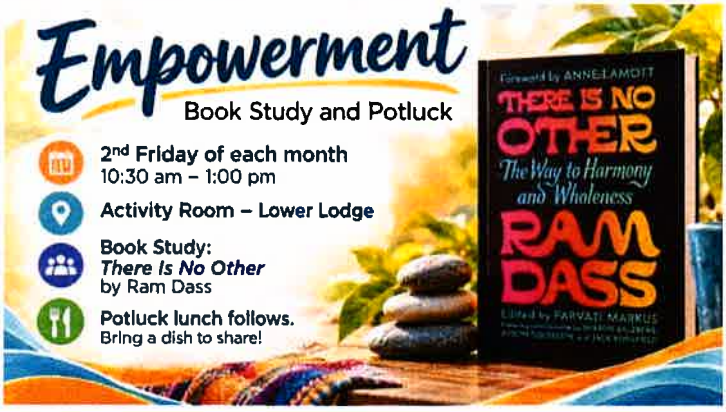
ZOOM CLASS SCHEDULE

Mondays 1:30 PM "Seat of the Soul" with Kathi Frederick
Tuesdays 7-8 PM "A Course in Miracles" with Lisa Schmidt
Wednesdays 7-8 PM "A Course of Love" with Bill Diedrich

The Monday group will continue meeting through the holidays.

The Tuesday and Wednesday groups will not meet the week of Dec. 20th and 27th. Both resume meeting in January.

No Mastermind Prayer Circle on Saturday, Dec. 26th



IN PERSON CLASSES:

Empowerment
Friday, December 11th 10:30 AM Empowerment Book Study and Potluck, Activity Room

Tuesday's Quest Class will resume meeting 1:30 pm, Jan. 12th. The new study will be Charles Fillmore's book "The Twelve Powers of Man".

Unity Office Hours: Closed Wednesdays & Saturdays
Open 10 am – 3 pm Mon, Tues, Thurs, Fri
Other times by appointment

Social & Prayer







Prayer Learning and Discussion Group
10 AM– Noon Saturday, December 5th with Rev. Grace
Discussion and practical exercises in a safe space.

Unity is Here to Pray with You

One-on-One Prayer: Sundays following service, practitioners offer affirmative prayer and heart energy prayer at your request.

The Prayer Box: Place your prayer request in the prayer box in the sanctuary. Our Prayer team will pray with you for the next 30 days and forward your request to Silent Unity for an additional 30 days of prayer.

Positive Prayer: Each week, 10 names are randomly chosen from our mailing list to receive a positive prayer for the week. Recipients are notified through a prayer letter.

Electronic Prayer Request: https://www.unitylansing.org/prayer-requests-0

All prayer requests are held in confidence.





A Sacred Exchange – Join the Circle of Generosity

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving. This is a personal, sacred activity in which each person participates in their own way.

This is not a debt we owe, but a seed we sow from a consciousness of abundance.

You are encouraged to enter a prayerful mindset and heart-set of gratitude as a spiritual practice. If you are donating by credit card, use this QR Code to link to PayPal to donate.



Unity Goes Christmas Caroling

Sunday, December 6th, the new forming Unity Carolers will visit 3 local care facilities and sing Christmas carols.

Noon: Pizza lunch in Activity Room
Followed by road trip to local facilities.

If you enjoy singing and would like to brighten someone else's day, see Lisa Haston or signup at the Community Table in the hallway. **A Social Team Activity**

Unity EarthCare

UNITY EARTHCARE UPDATES

Effective immediately, Unity will not be collecting and recycling **Styrofoam** until we have someone willing to take on the responsibility of taking it to the Styrofoam recycling center at 601 E. South Street (or the East Lansing or Mason locations).

We are continuing to collect **used batteries** which should be place loose in the bin on the recycling table in the Activity Room. (Please remove them from plastic bags.) We also continue to collect **can tabs** to support Ronald McDonald House.

Watch for information from the Social Team about a Christmas Adopt-A-Family Project & Adopt-A-Teen

DECEMBER 2026

MON	TUES	WED	THURS	FRI	SAT
Office Hours *Mon, Tues,Thur, Fri 10-3* *Closed Wednesdays* *Saturdays by appointment*	1 6:30 pm Angel Remembrance Service 7 pm A Course in Miracles Zoom	2 7 PM ZOOM Class A Course of Love	3 8 AM Lansing Area Business Partners 5 PM World AIDS Day Service	4 1 PM Lunch Bunch 6:30 PM Euchre-So. Hall 6:30 PM Private – Kappa Alpha Psi – Lodge	5 10 AM Prayer Class with Rev. Grace 1 PM Celebration of Life Ron McEnhill
6 PEACE 9 :15 AM Discovery Sunday 10:30 AM Sunday Service and Youth Care Noon Caroling Noon Board Meeting	7 1:30 PM Zoom Class "Seat of the Soul"	8 7 pm A Course in Miracles Zoom	9 7 PM ZOOM Class A Course of Love	10 8 AM Lansing Area Business Partners	11 10:30 AM Empowerment Group	12
13 LOVE 10:30 AM Sunday Service and Youth Care Noon Education Team Meeting	14 1:30 PM Zoom Class "Seat of the Soul"	15 7 pm A Course in Miracles Zoom Resumes January 5th	16 7 PM ZOOM Class A Course of Love Resumes Jan. 6th	17 8 AM Lansing Area Business Partners	18	19
20 JOY 10:30 AM Sunday Service and Youth Care Noon Board Games Day	21 1:30 PM Zoom Class "Seat of the Soul"	22	23	24 6:30 pm Xmas Eve Service	25 CHRISTMAS 1 – 4 pm Reindeer Games	26 No Mastermind till January
27 BURNING BOWL 10:30 AM Sunday Service and Youth Care Noon White Elephant Party	28 1:30 PM Zoom Class "Seat of the Soul"	29	30	31 New Year's Eve		